



Vestibular Rehabilitation Update Examination and Intervention

Saturday, May 9, 2020 | 7:30 a.m.-5:00 p.m.

Sponsored by the Neurologic Physical Therapy Residency program at A.T. Still University, Department of Physical Therapy

Course description

This course focuses on examination and intervention for individuals with vertigo and disequilibrium from vestibular causes using essential, evidence-based tests and measures. The course highlights management of several vestibular pathologies, including a review of anatomy and discussion of examination and interventions for each vestibular disorder. Specific emphasis of the course will be on the management of benign paroxysmal positional vertigo, unilateral peripheral hypofunction, bilateral vestibular hypofunction, and other common vestibular disorders. Case study presentations and hands-on lab components will enhance the learners' experience. This course is intended for individuals with a general knowledge of vestibular anatomy and physiology, as well as common vestibular disorders.

Course objectives

At completion of this course, the participant will be able to:

1. Discuss the differences between normal and abnormal vestibular pathology and how it correlates to clinical examination and interventions.
2. Demonstrate tests and measures that are appropriate for vestibular pathology (peripheral vestibular hypofunction, benign paroxysmal positional vertigo, and bilateral vestibular hypofunction), and apply results to create a comprehensive vestibular rehabilitation program.
3. Refine skills needed to create a patient-specific, evidence-based rehabilitation program to help people with vestibular pathology optimize their recovery.

Intended audience: Physical therapists, physical therapist assistants, occupational therapists

Participants should have a general knowledge of vestibular anatomy and physiology and common vestibular disorders.

Schedule

7:30 a.m.	Continental breakfast
8:00-10:00 a.m.	Benign Paroxysmal Positional Vertigo Anatomy, physiology, examination, intervention
10:00-10:15 a.m.	Break
10:15 a.m.-noon	Unilateral Peripheral Hypofunction Anatomy, physiology, examination, intervention
Noon-1:00 p.m.	Lunch (on own)
1:00-2:00 p.m.	Bilateral Peripheral Hypofunction Anatomy, physiology, examination, intervention
2:00-2:15 p.m.	Break
2:15-4:00 p.m.	Migraines, Meniere's Disease, visual vertigo, motion sensitivity
4:00-5:00 p.m.	Case studies

**.75 CEUs awarded at time of course completion
for 7.5 contact hours**

Instructors

Jamie Kuettel, PT, DPT, is an assistant professor in the Doctor of Physical Therapy program at A.T. Still University. She is a board-certified clinical specialist in both neurology and geriatrics through the American Board of Physical Therapy Specialties and has received vestibular rehab certification through the Susan J. Herdman, PT, PhD, FAPTA vestibular course. She has actively practiced and treated patients with vestibular disorders and dizziness over the past 10 years.

Connie Weglarz, PT, DPT, is adjunct faculty for the A.T. Still University Neurologic Residency program. She is a board-certified clinical specialist in neurology with a special interest in vestibular disorders and concussion. She has received her vestibular and cervicogenic dizziness certification through Rob Landel, PT, DPT, OCS, CSCS, FAPTA and Dr. Herdman's courses. She has been treating patients with vestibular and neurologic disorders for over 15 years and has been providing vestibular education through continuing education courses for the past 10 years.

Program registration form Vestibular Rehabilitation Update Examination and Intervention

Register online at

ce.atsu.edu

or mail payment and registration form to:

A.T. Still University
ATTN: Cecelia Sartor-Glittenberg
Department of Physical Therapy
5850 E. Still Circle
Mesa, AZ 85206

Registration fees (please check one)

\$220

\$180 for ATSU alumni and for clinical instructors

Check made out to ATSU

No charge for mentors of ATSU neurologic residents

Discount available to three or more attendees from one organization

Name First Last

PT license #

Address

City

State ZIP

(_____) _____
Phone

Email

For additional information,
email Cecelia Sartor-Glittenberg
at cglittenberg@atsu.edu