Vestibular Rehabilitation Update
Examination and Intervention

Saturday, May 19, 2018
7:30 a.m.-5:00 p.m.

Course description
This course focuses on examination and intervention for individuals with vertigo and disequilibrium from vestibular causes using essential, evidence-based tests and measures. The course highlights management of several vestibular pathologies, including a review of anatomy and discussion of examination and interventions for each vestibular disorder. Specific emphasis of the course will be on the management of benign paroxysmal positional vertigo, unilateral peripheral hypofunction, bilateral vestibular hypofunction, and other common vestibular disorders. Case study presentations and hands-on lab components will enhance the learners’ experience. This course is intended for individuals with a general knowledge of vestibular anatomy and physiology, as well as common vestibular disorders.

Course objectives
At completion of this course, the participant will be able to:
1. Discuss the differences between normal and abnormal vestibular pathology and how it correlates to clinical examination and interventions.
2. Demonstrate tests and measures that are appropriate for vestibular pathology (peripheral vestibular hypofunction, benign paroxysmal positional vertigo, and bilateral vestibular hypofunction), and apply results to create a comprehensive vestibular rehabilitation program.
3. Refine skills needed to create a patient-specific, evidence-based rehabilitation program to help people with vestibular pathology optimize their recovery.

Intended audience: Physical therapists, physical therapist assistants, occupational therapists
Participants should have a general knowledge of vestibular anatomy and physiology and common vestibular disorders.

Schedule
7:30 a.m. Continental breakfast
8:00-10:00 a.m. Benign Paroxysmal Positional Vertigo – Anatomy, physiology, examination, intervention
10:00-10:15 a.m. Break
10:15 a.m.-noon Unilateral Peripheral Hypofunction – Anatomy, physiology, examination, intervention
Noon-1:00 p.m. Lunch (on own)
1:00-2:00 p.m. Bilateral Peripheral Hypofunction – Anatomy, physiology, examination, intervention
2:00-2:15 p.m. Break
2:15-4:00 p.m. Migraines, Meniere’s Disease, visual vertigo, motion sensitivity
4:00-5:00 p.m. Case studies

.75 CEUs awarded at time of course completion for 7.5 contact hours

Sponsored by the Neurologic Physical Therapy Residency program at A.T. Still University, Department of Physical Therapy
Course instructors

Jamie Kuettel, PT, DPT
Dr. Kuettel is an assistant professor in the Doctor of Physical Therapy program at A.T. Still University. She is a board-certified clinical specialist in both neurology and geriatrics through the American Board of Physical Therapy Specialties and has received vestibular rehab certification through the Susan J. Herdman, PT, PhD, FAPTA vestibular course. She has actively practiced and treated patients with vestibular disorders and dizziness over the past seven years.

Connie Weglarz, PT, DPT
Dr. Weglarz is adjunct faculty for the A.T. Still University Neurologic Residency program. She is a board-certified clinical specialist in neurology with a special interest in vestibular disorders and concussion. She has received her vestibular and cervicogenic dizziness certification through Rob Landel, PT, DPT, OCS, CSCS, FAPTA and Dr. Herdman’s courses. She has been treating patients with vestibular and neurologic disorders for over 12 years and has been providing vestibular education through continuing education courses for the past seven years.

Cecelia Sartor-Glittenberg, PT, PhD
Dr. Sartor-Glittenberg is an associate professor in the Doctor of Physical Therapy program and director of the A.T. Still University Neurologic Physical Therapy Residency program. She is a board-certified clinical specialist in neurologic physical therapy and has over 30 years of clinical experience in neurologic physical therapy. She has a special interest in management of balance impairments in people with neurologic conditions.

Program registration form

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Register online at
ce.atsu.edu/events/vestibular-rehabilitation-update
or mail payment and registration form to:
A.T. Still University
ATTN: Cecelia Sartor-Glittenberg
Department of Physical Therapy
5850 E. Still Circle
Mesa, AZ 85206

Registration fees (please check one)
☐ $195
☐ $160 for ATSU alumni and for clinical instructors
Check made out to ATSU

No charge for mentors of ATSU neurologic residents
Discount available to three or more attendees from one organization

Name ____________________________________________
PT license # ________________________________________
Address ____________________________________________
__________________________________________________
City _______________________________________________
State/ZIP _________________________________________
Phone number ______________________________________
Email ____________________________________________

For additional information, email Cecelia Sartor-Glittenberg at cglittenberg@atsu.edu