



Upper Extremity Conditions for General Orthopedic Clinical Practice

A one day overview with lab and lecture

Saturday, August 24, 2019 | 9:00 a.m.-5:00 p.m.

Sponsored by the Orthopedic Physical Therapy Residency program at A.T. Still University, Physical Therapy department

This course is a lecture and lab course intended for physical therapists working in a general orthopedic clinical practice. The upper extremity conditions covered includes tendinopathies, peripheral nerve entrapments & fractures in the elbow, wrist, and hand regions.

Primary Instructor: Kathy Petkovsky, PT, CHT, has been a practicing hand specialist physical therapist for over 30 years. Kathy received her bachelor of science degree in physical therapy from SUNY in Buffalo, New York. Beginning her career in neuro rehab, she soon found her calling with hand therapy and received her certification in 1992.

Since then, Petkovsky earned her master of science degree in medical information systems from A.T. Still University (ATSU) in 2001 and has developed continuing education courses for hand therapists with emphasis on the wrist and elbow. She is adjunct faculty at ATSU that continues occasional lecturing in the Physical Therapy program. She is also a clinical expert for the ATSU Orthopedic Physical Therapy Residency program.

Lab Instructor: Cheri Hodges, PT, DPT, MAppSc, OCS, FAAOMPT, has been in clinical practice for over 30 years. She has been apart of the A.T. Still University Physical Therapy department for 20 years. At ATSU she is an Associate Professor for the DPT program and is the Director of the Orthopedic Residency program.

Course objectives

After taking this course, the participant will be able to do the following

1. Assess the elbow, wrist, and hand regions for common injuries and conditions
2. Review current best evidence for examination and management of conditions in the region of the elbow, wrist, and hand
3. Apply improved examination and intervention strategies
4. Study preparation for the Orthopedic Clinical Specialty Exam (OCS)

Intended audience: Practicing Orthopedic Physical therapists and Physical Therapists assistants

.7 CEUs (or seven contact hours) awarded at time of course completion

For additional questions, please contact Cheri Hodges at chodges@atsu.edu.

\$25 discount for groups of three or more from one organization

Check made payable to ATSU PT department

Register online at www.orthoptresidency.atsu.edu or mail payment and registration form to:

ATTN: Cheri Hodges
A.T. Still University
Department of Physical Therapy
5850 E. Still Circle
Mesa, AZ 85206

*Credit card payment accept via online

Program registration form

Upper extremity

Name _____

PT license # _____

Address _____

City _____

State/ZIP _____

Phone number _____

Email _____

Registration fees (please check one)

- \$225
- \$175 for ATSU alumni
and Clinical instructors for ATSU