

Spinal Manipulation: Annual Update for Physical Therapists

Course I:
December 9-10, 2017

9:00 a.m.-5:00 p.m.

Sponsored by the Orthopedic Physical Therapy Residency program at A.T. Still University, Department of Physical Therapy

Course I objectives

At the completion of course I, participants will be able to

- Discuss the current best evidence relating to spinal manipulative therapy (SMT).
- Describe the risks and benefits of SMT.
- List absolute and relative contraindications of SMT.
- Discuss the evidence supporting the use and interpretation of clinical tests for vertebrobasilar insufficiency (VBI) and upper cervical instability (UCI).
- Discuss the rationale for the use of SMT thrust techniques.
- Describe and demonstrate the spinal positioning and localization with coupling at different regions of the spine necessary to ensure patient comfort, safety, and effective delivery of SMT thrust techniques.
- Demonstrate grade V thrust techniques in the lumbo-pelvic, lumbar, thoracic, and cervical spine

Registration is limited to 40 participants.

1.4 CEUs awarded at time of course completion for 14 contact hours

Intended audience: Licensed PTs

This course is a prerequisite for the Gibbon's & Tehan spinal manipulation courses II and III. These courses will be hosted at AT Still University and sponsored by Phoenix Manual Therapy. Doctors Gibbons and Tehan will be the lead instructors for courses II and III. Previous participation in course I instructed by Gibbons and Tehan also meets this prerequisite. They will no longer deliver course I in the United States.

Additional questions, email Cheri Hodges at chodges@atsu.edu.

For additional information about our ATSU Orthopedic Residency program, please visit the website at orthoptresidency.atstu.edu.

orthoptresidency.atstu.edu

Instructors

Tim Fearon, PT, DPT, FAAOMPT, received his PT degree from Ohio State University. He completed the Musculoskeletal Sequence graduate program at Northwestern University. He completed his doctorate in physical therapy at Northern Arizona University.

Dr. Fearon founded Phoenix Manual Therapy, which initially offered courses based on the Nordic System of orthopaedic manual therapy. Phoenix Manual Therapy progressed to offering a long-term course frame for study of the Australian clinical reasoning approach to orthopedic manual therapy with integration of Norwegian techniques. The course has run over the last 25 years.

He earned his full fellowship status in the American Academy of Orthopedic Manual Therapy by the challenge process in 1999; he successfully renewed that status in 2010. He has specialized in orthopedic manual therapy and spinal rehabilitation for the last 25 years.

Dr. Fearon is currently adjunct faculty at A.T. Still University (ATSU) where he teaches manual therapy of the spine and extremities. He has been a guest instructor for Northern Arizona University, ATSU's Arizona School of Health Sciences, Regis University, Langston University, and North Georgia College. He is lead faculty for Evidence in Motion manual therapy courses, the clinical decision-making course work, and the fellowship virtual rounds. He has taught manual therapy courses over the last 15 years and spoken at numerous meetings for the Arizona Physical Therapy Association.

Britt Smith, PT, DPT, OCS, FAAOMPT, is a PT in private practice in Grand Junction, Colorado.

Dr. Smith grew up in Flagstaff, Arizona, and is a graduate of Northern Arizona University (BSPT, 1981), Samuel Merritt College (MSPT, 1997), and Regis University (DPT, 2007). He teaches clinical courses in manual therapy and leadership and ethics at Regis University and Evidence in Motion. Dr. Smith is board certified in orthopaedics (OCS, 1995) and is a fellow of the American Academy of Orthopaedic Manual Physical Therapy.

Recently he was appointed to the physical therapy board for the Department of Regulatory Agencies in Colorado (2012-14). He served as chair for the Western District of the Colorado Chapter of the American Physical Therapy Association (APTA) (2005-08) and the American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) (2004-08). He taught with the University of Colorado Rocky Mountain Evidence-based Healthcare Workshop and presented nationally on topics related to manual therapy, including the Colorado and Arizona APTA state chapter meetings, and nationally at the American College of Sports Medicine, AAOMPT, and APTA Annual Conferences. As well, Dr. Smith serves on the Ethics Committee at St. Mary's Regional Medical Center in Grand Junction and on the board of directors of the Western Slope Study Group.

Program Registration form

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Name _____

PT license # _____

Address _____

City _____

State/ZIP _____

Phone number _____

Email _____

Registration Fees (please check one)

- \$390
 \$320 for ATSU alumni and for clinical instructors with ATSU students

\$25 discount for groups of three or more from one organization

Check made payable to ATSU PT department

Register online at www.orthoptresidency.atsu.edu or mail payment and registration form to:

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