Introduction to Physical Therapy Assessment and Treatment for Pelvic Floor Dysfunction

Instructor: Amy Flory, PT, MPT

WHEN?
April 30th – May 1st, 2016
8:00 am to 5:00 pm
Lunch provided!

WHERE?
A.T. Still University
5850 East Still Circle
Mesa, AZ 85206

WHO?
DPT Students Only
25 MAX so don’t delay!

Course Registration

Register online at https://secure.atsu.edu/ceu/ or mail in check with form to: A.T. Still University, ATTN: Whitney Williams, 5850 E. Still Circle, Mesa, AZ 85206

Registration Fees
_____ $150

> Name: ____________________________
Institution Name: ____________________________
Mailing Address: ____________________________
City: __________ State: ______ Zip: __________
Phone: __________ Email: __________________

> ___ Checks made out to ATSU
> ___ Credit Card Payment:
Card Number: ____________________________
Expiration Date: ______ CCV: ______ Billing Zip: __________

For additional information contact PT Program Manager Whitney Williams at wntwilliams@atsu.edu

Course Objectives:

Seminar participants will be able to: identify types of pelvic floor dysfunction; identify types of urinary incontinence; describe female and male urogenital anatomy; understand bladder voiding and bowel evacuation mechanisms as they relate to incontinence and constipative dysfunction; perform an external palpation of the pelvic floor muscles; perform an intravaginal assessment of pelvic floor muscle strength, endurance, tone and pelvic organ prolapse; describe relationship of assessment findings to therapy interventions; describe treatment plan and interventions for incontinence, pelvic organ prolapse, and pelvic floor tension; describe musculoskeletal origins, assessment and treatment for pelvic girdle pain, including perinatal pelvic girdle pain; describe prostate anatomy and physiology as it relates to benign prostatic hypertrophy and prostate cancer progression and treatment; become familiar with various pelvic pain conditions in the treatment of which physical therapy plays a role.

Seminar attendees are expected to participate as subjects during the lab portion of the seminar. If an attendee is unable to participate, they must provide a model.

Instructor Bio:

Ms. Flory graduated from NAU with the MPT in 1996 and began treating male and female pelvic floor conditions in 1997. She started her private practice in 1999, focusing exclusively on pelvic floor and vestibular conditions for several years, expanding to include treatment of chronic pain of all sorts by 2005. She has taught an introductory seminar to physical therapy students at NAU since 1999, and has presented at several state and regional meetings on various topics of pelvic pain and incontinence.

This course is designed to prepare the DPT student for participation in treatment of most types of pelvic floor dysfunction they will encounter in a pelvic floor physical therapy internship.