



A.T. Still University – Missouri campus Founder’s Day

Pre-Conference OMT Intensive Review & Practical Prep

October 21, 2015 | Kirksville, Mo.

Course description

The 2015 Founder’s Day Pre-Conference CME program’s primary goal is to provide physicians an intensive review of osteopathic manipulative treatment that can be used for patient care. The basic concepts of direct and indirect treatment will be reviewed through the practical application of Muscle Energy Technique (MET) and Counterstrain (CS) in various regions of the body. Additionally, the presentations are designed with clinical scenarios to highlight the clinical applicability of these osteopathic manipulative treatment (OMT) techniques.

Learning objectives

After attending this activity, participants should be able to:

- Identify, describe, and define Direct and Indirect Techniques, Somatic Dysfunction, basic biomechanics treatable with OMT
- Compose an OMT plan that includes MET and/or CS to treat a variety of pathologic presentations
- Identify, describe, define, and demonstrate basic concepts and principles of MET and CS
- Identify, describe, and define the indications and contraindications of MET and CS
- Identify, describe, define and demonstrate the musculoskeletal examination findings indicate MET and/or CS OMT interventions

Target audience

- Physicians, osteopathic physicians, and other healthcare learners who treat patients

Program chair

Jay Danto, DO, C-FP, C-NMM/OMM
Associate Professor, Osteopathic Manipulative Medicine

Course Agenda

All sessions will be held in the Blumenthal Osteopathic Skills Lab in the Connell Information Technologies Center.

Wednesday, October 21

- 7:30 a.m. Breakfast
- 8:00 a.m. **Welcome**
Richard LaBaere, II, DO, MPH, FAODME
- 8:05 a.m. Overview of program
Chair: Jay Danto, DO, C-FP, C-NMM/OMM
- 8:10 a.m. Basic Concepts
Jay Danto, DO, C-FP, C-NMM/OMM
- 9:00 a.m. Thoracic & Lumbar Diagnosis & Muscle Energy Treatment
Jay Danto, DO, C-FP, C-NMM/OMM
- 9:50 a.m. Unanswered questions and discussion
- 10:00 a.m. Cervical Diagnosis & Muscle Energy Treatment
Jay Danto, DO, C-FP, C-NMM/OMM
- 10:50 a.m. Unanswered questions and discussion
- 11:00 a.m. Selected Extremity Diagnosis & Muscle Energy Treatment
Jay Danto, DO, C-FP, C-NMM/OMM
- Noon 5-Model Application to Case Presentations
Lunch provided
Jay Danto, DO, C-FP, C-NMM/OMM
- 1:00 p.m. Counterstrain: Thoracic and Lumbar
Karen Snider, DO, FAAO, C-NMM/OMM
- 1:50 p.m. Unanswered Questions and Discussion
- 2:00 p.m. Counterstrain: Cervical
Karen Snider, DO, FAAO, C-NMM/OMM
- 2:50 p.m. Unanswered Questions and Discussion
- 3:00 p.m. Counterstrain: Upper Extremity
Karen Snider, DO, FAAO, C-NMM/OMM
- 3:50 p.m. Unanswered questions and discussion
- 4:00 p.m. Counterstrain: Lower Extremity
Karen Snider, DO, FAAO, C-NMM/OMM
- 4:50 p.m. Session wrap-up
Unanswered questions and discussion
- 5:00 p.m. **Pre-conference concludes**

Visit <http://ce.atsu.edu/> or call ATSU Continuing Education at 660.626.2232 for more information.



Accreditation statement – A.T. Still University is accredited by the American Osteopathic Association (AOA) to provide continuing medical education for physicians.

ATSU has requested that the AOA Council on Continuing Medical Education approve this program for 9 credits of AOA Category 1-A CME credits. Approval is currently pending.

Disclosure statement – It is the policy of the ATSU Continuing Education department to ensure balance, independence, objectivity and scientific rigor in all its educational programs.

Faculty/Planning Committee disclosure – In accordance with the Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Americans with Disabilities Act (ADA) statement – In accordance with the Americans with Disabilities Act, A.T. Still University of Health Sciences seeks to make this conference accessible to all. If you have a disability, which might require special accommodations, please contact the CE office at 660.626.2232 or email your needs to continuingeducation@atsu.edu. Reasonable prior notice is requested.

Fee Refund Policy – A full refund less \$50 administrative fee will be granted if the cancellation is made at least two weeks prior to the start date of the educational activity. ATSU will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits. If cancellation occurs inside the two week window before the educational activity begins, administrative fees of up to 50 percent of the course registration will be charged.

Program registration form

Pre-Conference Founder’s Day 2015
OMT Intensive Review & Practical Prep

October 21, 2015

Name _____

Address _____

City _____

State/ZIP _____

Phone number _____

Fax number _____

Email _____

College attended _____

Graduation year _____

AOA# _____

Tuition for Founder’s Day Pre-Conference

- \$225 for 9 credits of AOA category 1-A CME credits
- \$200 Early Bird Rate (before September 1)
- \$50 Resident tuition

Tuition includes an electronic copy of program materials and meals during scheduled CME sessions.

Please submit your registration form and payment by one of the following methods

I authorize use of my credit card to pay for the above tuition fee.

- Check one MasterCard Visa
 Discover American Express

Account number _____

Card billing address _____

Expiration date _____ Security code _____

Signature _____

Checks should be made payable to ATSU.

Mail to ATSU Continuing Education
 800 W. Jefferson St.
 Kirksville, MO 63501

Phone Toll free 866.626.2878, ext. 2232
 660.626.2232

Fax 660.626.2931

Email continuingeducation@atsu.edu

Visit <http://ce.atstu.edu/> or call ATSU Continuing Education at 660.626.2232 for more information.

